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CLAIMS

WHAT IS CLAIMED IS:

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1. A process to refine a conjugated linoleic acid-containing material comprising:

distilling a first ester stream containing esters of conjugated linoleic acids using a distillation apparatus; and

producing a second ester stream enriched in the esters of conjugated linoleic acids.

- 2. The process of claim 1, wherein the distilling step uses a single or multi-pass distillation operation.
- 3. The process of claim 1, wherein the distillation apparatus optionally contains a fractionating column.
- 4. The process of claim 1, wherein the distillation apparatus is a low residence time distillation apparatus.
- 5. The process of claim 1, wherein the distillation apparatus is operated at a reduced pressure of greater than about 0 and lower than about 760 mmHg.
- 15 6. The process of claim 1, further comprising the step of at least partially removing side products generated during the formation of the first ester stream.
 - 7. The process of claim 1, further comprising the step of at least partially removing unconjugated linoleic acid components in the first ester stream.
- 8. A process to produce a refined conjugated linoleic acid-containing material,

 comprising:

transesterification of a linoleic acid-containing oil to generate a composition containing linoleic acid esters;

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isomerization of the composition containing linoleic acid esters to form a first stream containing conjugated linoleic acid esters; and

distillation of the first stream to produce a second stream enriched in conjugated linoleic acid esters.

- 5 9. The process of claim 8, wherein the distillation step is performed by a low residence time distillation apparatus capable of being operated at a reduced pressure.
 - 10. The process of claim 8, wherein the step of isomerization is catalyzed by a catalyst base in a nonaqueous system.
 - 11. The process of claim 10, wherein the catalyst base is an alkali or alkaline earth alkoxide salt of a C_1 - C_4 alkyl group alcohol.

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- 12. The process of claim 11, wherein the cation of the alkoxide salt is a sodium, a potassium or a calcium cation.
- 13. The process of claim 10, wherein the catalyst base is a solid or a solution in a conjugate alcohol of the alkoxide.
- 14. The process of claim 8, wherein the step of isomerization is performed between about 90-140 °C.
 - 15. The process of claim 8, wherein the step of isomerization is performed between about 110-120 °C.
 - 16. The process of claim 8, wherein the linoleic acid-containing oil is selected from the group consisting of safflower oil, corn oil, sunflower oil, soybean oil, grape seed oil, cottonseed oil, sesame oil, derivatives thereof, and combinations thereof.
 - 17. The process of claim 8, wherein the transesterification and isomerization steps are performed in one reaction vessel concurrently or sequentially without an intervening distillation step.

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- 18. The process of claim 8, wherein the transesterification and isomerization steps occur concurrently in a continuous reaction system using a dual reaction zone apparatus.
- 19. The process of claim 18, further comprising the step of at least partially removing side products from the transesterification step.
- 5 20. The process of claim 18, wherein the transesterification step is completed in a first reaction zone and the isomerization step is completed in a second reaction zone.
 - 21. A composition enriched in refined conjugated linoleic acid esters produced by a process comprising:
 - providing a first stream containing conjugated linoleic acid esters; and distilling the first stream to produce a second stream enriched in refined conjugated linoleic acid esters.
 - 22. The composition of claim 21, wherein the first stream is produced by:

 transesterification of a linoleic acid-containing oil to generate a composition

 containing linoleic acid esters; and

 isomerization of the composition to form the first stream containing conjugated

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